

NC Cooperative Extension - Perquimans County Center

DID YOU KNOW?

May 2024



Winged Wonders

Exceptional children at Hertford Grammar School have been learning about life cycles through the 4-H Winged Wonders curriculum. Students have been carefully watching as our painted lady caterpillars transformed into chrysalises and emerged as beautiful butterflies. We learned about metamorphosis, adaptations, and migration. We also talked about the

importance of pollination and what kind of food our painted ladies like to munch on! The students were able to release the butterflies outside to continue their life cycle!



High Achievers Horse Club Qualify for States!

Our High Achievers Horse Club competed at the Eastern Qualifying Horse Show at Martin Community College May 3rd - 5th. All the kids have qualified for the State Horse Show in July! We are so proud of everyone who participated this weekend! Special shout out to Coral Allen, Eva Taylor, and Sydney Dunbar for competing in their first 4-H horse show (pictured below)!





BECOME AN EXTENSION MASTER GARDENER VOLUNTEER!

Learn more about gardening and horticulture while serving and educating your local community!
For more information, contact Kellie Binnicker at keluton@ncsu.edu. Training session for new volunteers will begin in September 2024!



2024 Perquimans County 4-H Summer Adventurers

Farm to Fork Cooking Camp

June 4-6, 9 am - 1 pm

Age: 10+

Cost: \$10

Learn how food gets from the farm to your fork in this 3-day camp! We will learn kitchen basics, cuts of meat, and even take field trips to a local farm and Layden's! Lunch and snack provided.



Tiny Tastemakers

June 12-13, 9 am - 1 pm

Ages: 5-9

Cost: \$10

Learn kitchen basics and make some healthy and delicious recipes. Lunch and snack provided.



Wildlife Adventures

June 27, 9 am - 11 am

Ages: 5-8

Cost: \$10

Learn about local wildlife and speak with Wildlife Officer, Josh Doshen!



Merchants Millpond

June 28, 9 am - 2 pm

Ages: 12+

Cost: \$10

Join us for a field trip to Merchants Millpond to learn about the local environment and canoe!

Please bring a bagged lunch



Cupcake Decorating

July 17, 12 pm - 3 pm

Ages 8-12

Cost: \$10

Bake cupcakes from scratch and learn piping techniques to decorate them!



Edenton Fish Hatchery

July 30, 9 am - 12 pm

Age: 8-12

Cost: \$10

Take a trip with us to explore the Edenton Fish Hatchery and fish on the pier!



LEGO at the Library

August 1, 12 pm - 3 pm

Age: 5-8

Cost: \$10

Meet us at the Perquimans County Public Library for a day full of LEGOs! We will enjoy LEGO-themed snacks, watch a LEGO movie, and have a LEGO-building competition!



Horsing Around

August 8, 9 am - 12 pm

Age: 8-12

Cost: \$10

Join 4-H Volunteer, Sarah Wolfgang, to learn the basics of horses through fun games and activities. This is a great introduction for kids interested in joining one of our horse clubs!



N.C. Cooperative Extension is an equal opportunity provider. In compliance with the Americans with Disabilities Act, NC State will honor requests for reasonable accommodations made by individuals with disabilities. Please direct accommodation requests to: Tori DeWald (tori_dewald@ncsu.edu, 252/426-5428). Requests can be served more effectively if notice is provided at least 10 days before the event.



2024 Perquimans County 4-H



Summer Adventures

In person registration will open on Monday, April 29th at 8am at the Perquimans County Extension Office. To secure a spot, registration, payment, and 4-H Online enrollment must be completed. Enroll in 4-H Online at <https://v2.4honline.com/>

Participant Name: _____

Age (as of Jan. 1st, 2024): _____

Parent/Guardian Name: _____

Parent/Guardian Email: _____

Parent/Guardian Phone Number: _____

The following individuals have permission to pick up my child after the event concludes: _____

Special Dietary Needs/ Allergies/ Restrictions:

I give Perquimans County 4-H permission to take photos of my child:

YES

NO

Please select the events you are registering for:

- Farm to Fork Cooking Camp.....\$10
- Tiny Tastemakers.....\$10
- Wildlife Adventures.....\$10
- Merchants Millpond.....\$10
- Cupcake Decorating.....\$10
- Horsing Around.....\$10
- Edenton Fish Hatchery.....\$10
- LEGO at the Library.....\$10

Total Due:

Must be paid with a check or exact cash. Please make checks payable to Perquimans County 4-H

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NORTHEAST NC LIVESTOCK FIELD DAY



MAY 21, 2024

9:00 - 3:00

**VERNON G JAMES CENTER
TIDEWATER RESEARCH STATION
207 Research Station Rd, Plymouth, NC**

**Register: [go.ncsu.edu/go.ncsu.edu/
nenclivestockfieldday2024](https://go.ncsu.edu/go.ncsu.edu/nenclivestockfieldday2024) or scan QR Code**



PASTURE PLANTS – ID AND MANAGEMENT OF WEEDS AND FORAGES
TEMPORARY AND PERIMETER ELECTRIC FENCING FOR LIVESTOCK
TROUBLESHOOTING ELECTRIC FENCING
NUTRIENT DISTRIBUTION TECHNIQUES FOR PASTURES
USDA – FSA AND NRCS - LIVESTOCK PROGRAMS,
USDA-APHIS UPDATE
PASTURE ECOLOGY
PASTURE LAYOUT AND DESIGN FOR ROTATIONAL GRAZING

CEU AVAILABLE
Animal Waste
Pesticide N,O,D,X
Technical Specialist



NC Cooperative Extension is an equal opportunity provider



Questions? Call Jared Harrell jared_harrell@ncsu.edu or (252) 426-5428



Open Door Food Pantry Community Teaching Garden Progress:

We made a lot of progress on the Community Garden, located at the Open Door Food Pantry, this past month. All our plants are growing well, and we are excited to see what comes out of the garden. Keep an eye out for upcoming classes being offered at the garden! We are also in need of individuals to come and help water the garden through-out the growing season.

Please contact Sarah Sowders at

Sarah_Sowders@ncsu.edu if you are interested in helping out!



Newbold-White House

FCS participated in Heritage Day at the Newbold-White House. We spoke with students from the Hertford Grammar School about the meat preservations techniques utilized in the 1800s and how those techniques compare to those we use today.

Albemarle Senior Games

We would like to send out a huge congratulations to all those who participated in Senior Games this past month. FCS was on hand to help make sure the games went off without a hitch and cheer on the hundreds of competitors from the Albemarle Region.



*Perquimans Cooperative
Extension Presents*

HOMETOWN HARVEST FOOD PRESERVATION SERIES

Hot Pepper Jelly

June 25th 5:30-7:30

Cost: \$10

Register by: June 20th

Bruchetta in a Jar

July 16th 5:30-7:30

Cost: \$10

Register by: July 11th

No Waste Watermelon

Pickled Watermelon & Zesty Watermelon Jelly

August 27th 5:30-7:30

Cost: \$10

Register by: August 22nd

Apple Butter

September 24th 5:30-7:30

Cost: \$10

Register by: September 19th

Contact FCS Agent Sarah Sowders at Sarah_sowders@ncsu.edu or (252) 426-7697. All workshops will take place in the Perquimans Cooperative Extension Office.

(601A S Edenton Rd St, Hertford, NC 27944)

Registration will not be complete until the registration fee is paid. Payments can be made by check or exact change at the extension office. Registration Fee is non-refundable unless class is canceled.

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NC State University and N.C. A&T State University work in tandem, along with federal, state and local governments, to form a strategic partnership called N.C. Cooperative Extension.



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