





# NC Cooperative Extension - Perquimans County Center

## **DID YOU KNOW?**

December 2021

## **Happy Holidays & Merry Christmas!!**



As 2021 comes to a close, the Perquimans Extension Staff would like to wish you and your family a Merry Christmas & Happy New Year! We look forward to serving you in the coming year!

Pictured: Chowan & Perquimans Extension Staff tour of the Bob Martin Eastern Agricultural Center

# **Planning for 2022 Albemarle Livestock Show Underway!**



Did you know we are already planning for the 2022 Albemarle Area 4-H Livestock Show and Sale? That's right, it's that time of year where the youth in the county will be soon buying their spring animals to work, feed and take care of their projects until show day. As we move into 2022, the show will be going back to a normal two day show and sale. This year's dates of the show are April 26th and 27th. If this will be your first year showing, contact the Perquimans Extension Office at 252-426-5428. More details for the show will be coming in the next few weeks, stay tuned.

# **2021 Cotton & Soybean Variety Data Available**



Below you will find links to access both Northeast Ag Expo Soybean variety data and Yield & Quality Results for the 2021 NC On-Farm Cotton Variety Evaluation Program. A schedule for the Winter Agriculture Production Meetings will soon be available. If you have any questions, contact Field Crops Agent, Dylan Lilley at 252-426-5428 or dylan lilley@ncsu.edu.

NE Ag Expo Soybean Trial Results
On-Farm Cotton Variety Results

## 2022 EMFVP Applications open January 1st!

# EXTENSION MASTER FOOD VOLUNTEER PROGRAM 2022 Application will Open January 1

Do you enjoy cooking, eating, local food work, or just simply – food? If you answered yes to any of these, join the Extension Master Food Volunteer program now!! The 2022 application for the EMFV program is now open to Chowan, Perquimans, Pasquotank! The application deadline is January 31, 2022 but sign up early because spots are limited! Training will begin February 7, 2022 with a list of all class dates and information listed below!

This year's training will have some online and some in-person classes.

## **Training Dates:**

Feb 7 EMFV Program Overview (In-Person)

Feb 10 History of Extension (Online)

Feb 14 Teaching Strategies/Diversity (Online)

Feb 17 Programs That Work (Online)

Feb 21 Changing Health Behaviors (Online)

Feb 24 Food Safety (Online)

Feb 28 Cooking Skills (In-person)

March 3 Nutrition 101(Online)

March 7 Cooking Demo (In-person)

March 10 Food Systems & Local Foods Eval./ Graduation (In-person)

The EMFV program, similar to the highly recognized Extension Master Gardener<sup>™</sup> Volunteer (EMGV) program, is designed to provide volunteers the opportunity to support Family and Consumer Sciences (FCS) agents with food-related programming. Volunteers with the EMFV program will receive a core curriculum of 30 hours of training and will then shadow the FCS agent for 30 hours during their first year.

Volunteers will be able to provide support to the FCS agent's food-related programming, including assisting with cooking, nutrition education, and food safety classes, and conducting food demonstrations in the community. The cost of the program is \$50 (Scholarship provided this year).

To apply for the 2022 class, **REGESTER HERE** 

or

contact Mary Morris: <a href="mary\_morris@ncsu.edu">mary\_morris@ncsu.edu</a>, 252-482-6585.

# **Spotted Lanternfly Resources**



First found in eastern Pennsylvania in 2014, spotted lanternfly (Lycorma delicatula) is an invasive insect pest that now has established populations in New York, Delaware, and Virginia, including Carroll County, VA, just north of Surry County, NC. Early detection will be critical in stopping its spread and minimizing the devastating effect it could have on NC landscapes and agricultural crops, particularly grapevines, fruit trees, and a wide range of hardwood trees. Of equal concern is the copious amounts of honeydew these gregarious insects secrete, which attracts ants, wasps and black sooty mold to neighborhoods and businesses, affecting property values, tourism, and human health.

## If You Think You Have Found Spotted Lanternfly in NC:

- Please take a photo and send it to: <a href="mailto:badbug@ncagr.gov">badbug@ncagr.gov</a>
- When submitting a photo please include the location of the sighting, the date, and your contact information.
- Clear, close-up, focused images are the easiest to ID! If possible, add a coin, paper clip, or other small objects to the photo to indicate the size of the insect.

Read more at: https://gardening.ces.ncsu.edu/spotted-lanternfly-resource-page/

# **Grow To Eat Community Garden Expansion!**



The Chowan, Gates & Perguimans County Extension Master Gardener Volunteers recently expanded the popular Grow To Eat community garden program with an on-site community garden at the Perquimans County Senior Center. Participants are involved in planting, maintaining, and harvesting produce. Extension Master Gardeners, like Annie Nofsinger lead the project. Pictured is a recent harvest of green tomatoes, beets. cucumbers, spinach and sweet potatoes. Annie (second from right) is also an Extension Master Food Volunteer.

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North Carolina State University and North Carolina A&T State University commit themselves to positive action to secure equal opportunity regardless of race, color creed, national origin, religion, sex, age, veteran status or disability. In addition, the two Universities welcome all persons without regard to sexual orientation.



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