



Perquimans County Center

## DID YOU KNOW???

December 2020



### It will soon be time to flip the calendar...

2020 was challenging for many reasons but we're looking forward to a new year that is just around the corner! Be on the lookout for the 2021 Winter Production Meeting Schedule that will be posted on our website (<https://perquimans.ces.ncsu.edu/>) soon. These meetings will look a little different this year due to COVID protocols, but the same quality information will be available to our growers to help prepare for the next growing season.

Also you will soon find the 2020 Northeast Ag Expo Soybean Variety Trial results located at <http://www.ncneagexpo.com/soybean-variety-trials>. Additionally, the NC OVT program has developed a new variety selection tool that will help with selecting corn, soybean and wheat varieties. You can find the tool by clicking here (<https://ncovt.medius.re/>). If you have any specific variety questions, contact Dylan Lilley at 252-426-5428 for assistance with navigating this new tool.



### Livestock Show is planned for April 27-28

We are already planning for the 2021 Albemarle Area 4-H Livestock Show and Sale. It's that time of year when the youth in the county will be soon buying their spring projects to work, feed and groom until show day. As we move into 2021, the show might look a little different with us having to plan around Covid-19, but we are thankful that we are able to have this important youth event. The dates of the show are April 27th-28th. If this will be your first year showing contact the Perquimans Extension Office at 426-5428. More details for the show will be coming in the next few weeks, stay tuned. (Pictured is Hayden Dail, son of Lee and Faith Dail.)



## It's time to apply...

The Chowan, Gates and Perquimans Volunteer Master Gardeners are pleased to continue their scholarship opportunity. It will be awarded in the Spring of 2021 to help a student who plans to study or is currently studying in a qualifying field. Please help share this information and visit the following link for more details: [https://chowan.ces.ncsu.edu/wp-content/uploads/2020/12/kgssmgscholarship\\_applicationpacket.pdf?fwdd=no](https://chowan.ces.ncsu.edu/wp-content/uploads/2020/12/kgssmgscholarship_applicationpacket.pdf?fwdd=no)



## BLACK-EYED PEAS are good for you!

### Ingredients

16 ounces cooked black-eyed peas or 2 cans (15 ounces each) black-eyed peas, drained and rinsed\*  
1/2 cup red onion, chopped  
1/2 cup green bell peppers, chopped  
1/2 cup celery, chopped  
1/4 cup nonfat Italian dressing

### Preparation

Wash hands with soap and water.  
In a medium bowl, combine all ingredients and mix well.  
Cover and chill before serving.

Note:

\*When using the dried peas, soak them over night with enough water to cover the peas. Drain peas, and rinse. Cook peas in 6 cups of chicken broth, bring to a boil. Cover and simmer for 50 minutes or until tender.  
When using the canned peas, drain and rinse before using in the recipe. (makes 8 servings)



## Save the Date...

There will be a Cabbage and Collard Production Meeting on January 20th, 2021 from 1:00 to 2:00 pm via zoom. Topics will include disease and insect control and nutrient management. This meeting has been organized by agents that cover Chowan, Gates, Pasquotank, and Perquimans Counties, and the zoom will be recorded and available for viewing after the meeting. Please pre-register at <https://www.eventbrite.com/e/virtual-2021-area-cabbage-production-meeting-tickets-131900689513> If you have any questions, please reach out to Nettie Baugher at [nettie\\_baugher@ncsu.edu](mailto:nettie_baugher@ncsu.edu)



## Nothing is as it seems...

With all the junk mail and commercials we are seeing on the television - beware of adds that offer -0- premium and ask you to call a number. This is a marketing strategy and the information you share may or may not lead you down a rabbit hole. For a trusted site that offers non-biased and user friendly information, visit the NC Department of Insurance Website at [ncdoi.gov](http://ncdoi.gov) and click on the SHIP logo to learn more about the Medicare and health care options for North Carolinians in Northeastern North Carolina. For help with Medicare and health insurance related questions the Senior Health Insurance Information Program hotline number is 1-888-408-1212. (Located in Raleigh at the NC Dept. of Insurance).



## We appreciate your support...

Perquimans County 4-H would like to extend a huge thank you to all those that supported our programming efforts for the coming year by getting a holiday wreath. Through the generosity of our community, we dispersed a total of 200 wreaths. The funds gained through this effort will be used to carry out school programming, support our teens through leadership opportunities, and help youth attend 4-H summer camp. You will never know the impact you are leaving on the youth of Perquimans County. We are forever grateful. We hope your family has a wonderful holiday season.

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