



PERQUIMANS COUNTY CENTER

DID YOU KNOW???

December 2019



It's time to say THANKS

Perquimans County 4-H would like to extend a big thank you to those that donated money towards our wreath fundraiser. We were able to sell a total of 240 wreaths this year, which will help to support our 4-H programming throughout 2020. We cannot thank you enough for what this means in the lives of our young people here in our community. Your continued support helps us to "make the best better" and build future leaders. Thank you and Happy Holidays from Perquimans County 4-H.



Cotton & Soybean Variety Data is Available

Much like several of the previous growing seasons, 2019 presented its own challenges to face. As we prepare for another year, find variety data below from NCSU Cotton On Farm Trials, NCSU Soybean OVT, and 2019 Soybean Variety data provided by the Northeast Ag Expo. Be on the lookout for the 2020 Winter Meeting Schedule that will be posted this week. I wish everyone a very Merry Christmas and a happy and prosperous New Year! For any questions, contact Dylan Lilley at 252-426-5428.

[NCSU Cotton On Farm Trials](#)

[NCSU Soybean OVT](#)

[2019 Northeast Ag Expo Soybean Data](#)



Extension Master Food Course set for 2020

The EMFV program, similar to the highly recognized Extension Master Gardener Volunteer (EMGV) program, is designed to provide volunteers the opportunity to support Family and Consumer Sciences (FCS) agents with food-related programming. Volunteers with the EMFV program will receive a core curriculum of 30 hours of training and will then shadow the FCS agent for 30 hours during their first year.

Trained volunteers will be able to provide support to the FCS agent's food-related programming, including assisting with cooking, nutrition education, and food safety classes, and conducting food demonstrations in the community. The cost of the program is \$50.

To apply for the 2020 course, visit the Perquimans Extension Center Website at <https://perquimans.ces.ncsu.edu/2019/11/extension-master-food-volunteer-program-2020-course-registration-now-open/>

Pictured are the 2018 Graduates of the Extension Master Food Course.



Turning 65 is not just a birthday?

Celebrating birthdays is fun when you open your mailbox and find funny and sentimental greeting cards from well wishers...But when we get close to age 65... the mail becomes less of a special greeting and more of a marketing frenzy. The average person gets confused at what is official Medicare paperwork and what is just an insurance marketing ploy. To learn more about the do's and don'ts of Retirement and official Medicare enrollment, sign up for free educational counseling sessions at the Extension Office by calling 252-426-7697.



Now is the time to think about livestock...

With Christmas just a few days away 2020 is right around the corner.....and that means livestock show time is here!!!! There are plenty of pig sales and private treaty sells in the area for everyone to be able to find a pig to show. Lambs and goats are going to be very hard to find this year, so if you have not reached out to find one please do so soon. The deadline for steers to be on the farm is December 31st and heifers is January 31st. New.... this year will be online forms to register for the show instead of paper forms. The online form will be ready at the beginning of the new year! Also this will be the 75th anniversary of the Albemarle Area 4-H Livestock Show and Sale and the show will be selling T-shirts in the next few months to commemorate 75 years. If you would like more information about showing livestock, contact Jared Harrell at 426-5428.



Extension Master Gardeners Course Ongoing...

The Extension Master Gardener Training is more than half way through. Eleven participants from Chowan, Gates, and Perquimans Counties are participating in the 14-week training that empowers residents to cultivate healthy gardens, landscapes, and ecosystems through safe, effective and sustainable gardening practices. Following the training, participants must pass an exam and complete at least a 40-hour internship to become certified Master Gardener volunteers.



Extension Gardener News is available.

The latest edition of Extension Gardener is now online. Check out the 2020 Winter Coastal Edition at https://extensiongardener.ces.ncsu.edu/wp-content/uploads/2019/12/EG_Winter_20_Coastal_Web.pdf? fwd=no Features include planting bald cypress, selecting pecans, creating crevice gardens, and growing kale. Check it out!



EFNEP reaches Perquimans 6th Graders.

4-H EFNEP identifies 6th graders as teen cuisine groups! They learned food safety and how to prepare recipes that they also taste. They received booklets with recipes to try later at home with family. They also received certificate for graduation and water bottles and frisbees.



Vegetable Growers are saving the date...

The 2020 Area Vegetable Production Meeting will be held on Friday, January 31st at 10:30am at Nixon's Catering in Edenton. Dr. Katie Jennings will be speaking on weed management in cucurbits and Chris Harris from the NCDA will give updates on the FSMA Produce Safety Rule. Hope to see you there!"

[Read more N.C. Cooperative Extension news »](#)



NC State University and N.C. A&T State University work in tandem, along with federal, state and local governments, to form a strategic partnership called N.C. Cooperative Extension.

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