



PERQUIMANS COUNTY CENTER

## DID YOU KNOW???

November 2019



### Second Graders Learn about Agriculture

Second Graders at Perquimans Central School participated in the annual Farm Day Adventures Program in October. Classes followed a rotation system to learn about local commodities in our area - Cotton, Soybeans, Corn, Livestock, Sweet Potatoes and Pumpkins.



### 4-H Implements Health Rocks Training

4-H Agent, Meredith Wood, worked closely with the seventh grade health classrooms at Perquimans County Middle School to broaden their knowledge of stress management and reducing risky behaviors. Students learned how to better manage their stress in all areas of their life, as well as making good choices in regards to drug and alcohol use. Youth also learned the impact of making poor decisions and how it can ultimately affect their future. The middle school students showed knowledge of how to deal with stress more effectively and how to make positive decisions. A special thank you to Mrs. Winslow, Mr. Everett, and Mr. White for partnering with Perquimans County 4-H to positively impact the lives of our teens.



### Master Gardeners Learn Something New

Master Gardeners are learning about hemp and historic agriculture. Earlier in the fall, local Extension Master Gardeners toured Bertie County and included field visits to a hemp farm and historic home site where hemp was once grown. The tour was led by Bertie County Extension Staff and Master Gardener Volunteers.



## New Pest Found on Crape Myrtle Trees

Several recent cases of crape myrtle bark scale were confirmed on trees in the area. This is a new pest and is treated similarly to other scale insects. Horticulture oils and systemic insecticides are chemical control options. Promoting the health of the tree and scraping off light infestations are important cultural and mechanical options. For more information about the pest visit <https://hgic.clemson.edu/factsheet/crapemyrtle-bark-scale/>.



## 2020 Extension Master Food Course Registration is Now Open

Do you enjoy cooking, eating, local food work, or just simply - food?

If you answered yes to any of these, enroll in the Extension Master Food Volunteer program now and join others that share this same passion. The 2020 application for the EMFV program is now open to Chowan, Perquimans, Pasquotank and Currituck County citizens! The application deadline is January 10 but sign up early because spots are limited! For more information, visit the Perquimans Extension Center Website

<https://perquimans.ces.ncsu.edu/2019/11/extension-master-food-volunteer-program-2020-course-registration-now-open/>. To receive an application, call 252-426-7697.



## Green Stem Concerns in Soybean

A concern that has surfaced over the previous three or so years in soybean production has been green stem. There are many theories as to what the cause is but there is no clear cause. Some have attributed green stem to things like insect pressure, fungicide use, environmental stress, variety resistance, etc. Work is being done to address this issue and hopefully answers will be available soon. For more information on green stem follow this link

<https://soybeans.ces.ncsu.edu/2019/11/soybean-green-stem/> for an article provided by NC State Soybean Extension Specialist, Dr. Rachel Vann. If you have experienced green stem and have any evidence as to what the cause is, feel free to contact Dylan Lilley at 252-426-5428. Any information that we can get on this problem is appreciated.



## Now is the time to check your insurance!

Don't forget: Fall is the season of year to check your health insurance and make sure you have what you need and you need what you have. NC Cooperative Extension continues to partner with the North Carolina Department of Insurance with SHIIP Programming. SHIIP stands for Senior Health Insurance Information Program. The state hotline is 1-855-408-1212. Local volunteers are available for one-on-one counseling by calling the Extension Center at 252-426-7697.



## EFNEP teaches TEEN CUISINE

4-H EFNEP will be teaching Teen Cuisine to the 6th graders starting November 18, 2019 and finishing 4 more groups in December. They will have hands on food preparation skills taught, food safety, proper cooking temperatures for meats and measuring with dry and liquid cups.

[Read more N.C. Cooperative Extension news »](#)



NC State University and N.C. A&T State University work in tandem, along with federal, state and local governments, to form a strategic partnership called N.C. Cooperative Extension.

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