

PERQUIMANS COUNTY CENTER

DID YOU KNOW???

October 2019



It's State Fair Time

North Carolina State Fair is October 17-27th. This huge attraction is home to the largest livestock show in the state. Families across the state work for many months with their livestock show projects for the chance to compete in turkeys, heifers, hogs, lambs and goats competitions. The State Fair is a big deal to the youth especially as they compete with the best of the best in the state. Visit the livestock arena on Friday October 18th or Saturday October 19th to see Perquimans County youth give their best in the show ring.

[For more information about the NC STATE FAIR](#)



Perquimans 4-H is a "Pig" Deal...

Be sure to stop by and take a look at the 4-H hay bales located in front of the Kerr Scott building at the North Carolina State Fair running October 17th - 27th. Perquimans County 4-H is represented in the hay bale contest by a pig because we think Perquimans County 4-H is a "PIG" deal! You can also find local 4-H'ers showing livestock and participating in the horse show at this year's fair. "Nothing Could Be Finer" than the North Carolina State Fair. To become involved in the local 4-H Program, contact Meredith Wood, at 252-426-7697.



Corn Variety Trials are In!

Twenty-seven corn varieties were tested across Camden, Chowan, Gates, Pasquotank and Perquimans counties for the 2019 growing season. A big thank you to Allen Wayne Stallings for hosting this year's trial in Perquimans County.

[To access the yield data and to find production information containing planting and harvest dates, soil types, row spacing and plant populations click this link here](#)



Fall means OPEN ENROLLMENT SEASON

SHIIP (which stands for Seniors Health Insurance Information Program) is a volunteer program across the nation that will be busy between October 15-December 7, during National OPEN ENROLLMENT SEASON. Volunteers in Perquimans County are prepared to help medicare beneficiaries during this confusing and complicated time of the year. Insurance companies have post their new prices and now is the time for beneficiaries to choose the best coverage for their unique situation. To learn about Prescription Drug options for 2020, go to medicare.gov. To learn more about SHIIP in North Carolina, contact 1-855-408-1212. For local assistance, Perquimans residents can contact the Perquimans Extension Center at 252-426-5428.



GET FIT Programs begin in October

The public is invited to attend a series of fitness and nutrition workshops... conducted in partnership with networking health agencies to teach families how to prepare nutritious meals and lead physically active lives. Kick off in Perquimans will be October 22...For more information about the Get Fit Schedule or the upcoming Cooking Workshops that will be featuring Extension Master Food Volunteers in Chowan, Perquimans and Pasquotank Counties, Contact the Extension Center at 252-426-5429.



Extension Master Gardeners Serve Others

Several of our Extension Master Gardeners serve on local, regional, and statewide advisory teams. Pictured is Perquimans County Master Gardener Linda Kruegel leading local Extension Master Gardeners in a monthly advanced training opportunity. Linda serves as president of the Master Gardener Program Committee, an advisory team that helps identify needs and develop educational programs. For more information about Extension Master Garderners in Perquimans and Chowan Counties, contact Area Horticulture Agent Katy Shook at 252-483-6585.

[Read more N.C. Cooperative Extension news »](#)



NC State University and N.C. A&T State University work in tandem, along with federal, state and local governments, to form a strategic partnership called N.C. Cooperative Extension.

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