



Perquimans County Center

## DID YOU KNOW???

February 2019



### Horses Need Vaccinations

Perquimans Extension is hosting an Area Equine Vaccination Clinic on February 16th from 8:30am-11am. The Perquimans Extension Office is partnering with The Oaks Veterinary Clinic for the vaccinations. Vaccinations listed are Rabies, West Nile, EWT/WNV, FREWTW and Coggins. The location of the clinic will be held at 846 Sun Gro Drive Elizabeth City, NC 27909. Equine Clinics are a great way for the horse owner to save the farm call charge from the veterinarian.



### Now is the Time to Register for Camp

Come along with Perquimans 4-H and ENJOY an AWESOME Summer 4-H Camp Experience! Youth ages 8-14 can make new friends and explore the world around them. In addition, YOU will learn real life skills, develop self-esteem, and gain a sense of independence and community. *Campers are required to have a health exam within 24 months of camp participation.*

**Where:** Eastern 4-H Center (Columbia, NC)

**When:** June 23rd – June 28th

**Cost:** \$220 (\$420 minus \$200 scholarship = \$220)

**Cost Includes:** Insurance, Travel, \$15 store money, Camp T-shirt, meals, snacks, lodging, & program supplies.

**To Register:** Spaces are limited, so please call the Perquimans Extension Center by March 8, 2019 to confirm that your child will be attending. \$50 non-refundable deposit is due by March 8, 2019. You may make installment payments until May 31, 2019.

For more information contact the Perquimans Extension Center at 252-426-7697.



## **Perquimans Peanut Farmer Wins Award**

Congratulations to Winslow Brothers Farms of Belvidere for winning the 2018 Perquimans County Peanut Yield Contest! Scottie and Adam Winslow averaged 5,481.4 pounds on 82 acres. Pictured is Scottie with proud grandson Russell Winslow.



## **Nutrition Classes Held Monthly**

Each month, Get Fit Cooking Class are conducted at the local Extension Offices to promote healthy eating habits. Jewel Winslow, Perquimans Extension Director and Mary Morris, Chowan County Extension Director, along with the recent graduates of NC State Extension Master Food Volunteer Program demonstrate food prep skills and offer samples at the end of each session. The cost is free. Registration is required by contacting Amanda Betts at 252-338-4467. To learn more about becoming an Extension Master Food Volunteer, contact the local Extension Office at 252-426-7697.



## **Lewis Smith Scholarship Helps Students**

Now is the time to apply for the \$1,000.00 NC State - Lewis Smith Agriculture Scholarship. Lewis Smith, served the community as the County Extension Director for the North Carolina Cooperative Extension Service for over thirty years. Following his retirement in December 2013, individuals from the local Farm Bureau Office, the Extension Office, the NC State Foundation, and local farmers formed a committee to establish an educational scholarship in his name. The deadline is February 15.

To become eligible, a Perquimans County student must first become accepted into North Carolina State University, with an intent to major in agricultural studies. Madison Loftis from New Hope Community was the 2017 recipient and Caleb Richardson from Belvidere was the 2018 recipient. Both individuals have aspirations of promoting agriculture in their future careers. For more information

For more information about this scholarship or NC State's Agricultural Programs, interested individuals can contact Perquimans County Extension Director Jewel Winslow at 426-5428.



### **Katy Shook Scholarship Winner Chosen**

Applications are currently being accepted and a 2019 winner will be announced in May.

Last year's winner was Benjamin Ward, a graduate of John A Holmes High School in Edenton. The area scholarship is sponsored by the Chowan, Gates & Perquimans County Extension Master Gardeners with support from their annual spring garden show. Ben is attending North Carolina State University next year to study Forest Management. He is pictured with the local Master Gardener program president, Nancy Dougherty. For more information, individuals can contact Katy Shook at 252-482-6585.



### **MEDICARE CONSULTATIONS in MAY**

if you are approaching age 65 or know someone who is and would like to learn about the benefits and programs and choices that are available to North Carolinians in 2019... contact the local Extension Office and ask to be put on our upcoming Workshop list. This Spring, we

**will sponsor a Medicare 101 BASIC course for people new to Medicare. Specialists from the North Carolina Department of Insurance and the Seniors Health Insurance Information Program will be available to offer one-on-one free non-biased Medicare consultation. To learn about upcoming dates and locations contact the Extension Office at 252-426-7697.**

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