



711 Roanoke Ave. Elizabeth City, NC 27909

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**FOR IMMEDIATE RELEASE**

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**ALBEMARLE REGIONAL HEALTH SERVICES PROVIDES UPDATE ON REGIONAL VACCINE CLINICS**

**Updated COVID-19 vaccine counts, cases, and outbreaks**

Elizabeth City, NC – Albemarle Regional Health Services (ARHS) is providing updated information on COVID-19 vaccines, lab confirmed positive COVID-19 cases, and facility outbreaks as of 1 p.m. Friday, July 30, 2021 in addition to the weekly surveillance report (attached).

“With another week of increased COVID-19 cases in the region, we urge our community members who have not gotten their vaccine to please schedule your appointment,” states R. Battle Betts, Jr., MPA, ARHS Health Director. “Areas with low vaccination rates are seeing rises in cases, so now is the time to get your shot. The vaccines are safe and effective in preventing severe illness and death; vaccination is the only way out of this pandemic.”

Updated NCDHHS guidance reminds unvaccinated people that they need to continue practicing the three W’s – wear a mask in all indoor public settings, wait six feet apart in all public settings and wash hands often. In addition, unvaccinated people should not gather with other unvaccinated people who do not live with them. If they do, they should stay outside and keep 6 feet of distance. It is also recommended that unvaccinated people should not travel.

As COVID-19 cases increase, it is important to remember that anyone who tests positive, is sick, or has been exposed to a COVID-19 positive patient, must take protective measures to prevent further spread. Isolation and quarantine are important public health tools used to do just that.

**Isolation** is used to separate people infected with COVID-19 from people who are not infected. People who are in isolation should stay home until it is safe for them to be around others. In the home, anyone sick or infected should separate themselves from others by staying in a specific “sick room” or area and using a separate bathroom if available. You may end isolation when you can answer **YES** to **ALL** three questions:

- \*Has it been 10 days since symptoms first appeared? **and**
- \*24 hours with no fever without the use of fever-reducing medications? **and**
- \*Other symptoms of COVID-19 are improving?

**Quarantine** is used to keep someone *who might have been exposed to COVID-19* away from others. Quarantine helps prevent spread of disease that can occur before a person knows they are sick or if they are infected with the virus without feeling symptoms. People in quarantine should stay home, separate themselves from others, monitor their health, get tested, and follow directions from the local health department.

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“Although our primary focus these last few months has been on vaccinations, it is still important to remember the guidelines put in place to prevent the spread of the virus in the community. If you are sick with COVID-19, have symptoms consistent with COVID-19, or have been in close contact with someone who has COVID-19, it is important to stay home and away from other people until it is safe to resume normal activities,” states Betts.

ARHS is continuing to accept vaccine appointments for first and second dose Moderna and Pfizer, along with Johnson and Johnson, at each of our local health departments. Appointments will be available to residents of the eight county region who are 12 and older.

Pasquotank County Health Department 252-338-4400	Perquimans County Health Department 252-426-2100	Camden County Health Department 252-338-4460	Chowan County Health Department 252-482-6003
Currituck County Health Department 252-232-2271	Bertie County Health Department 252-794-5322	Gates County Health Department 252-357-1380	Hertford County Health Department 252-862-4054

**Total First Doses of ARHS Vaccine Administered – 45,545**

County	Vaccine Administered	County	Vaccine Administered
<b>Pasquotank</b>	11,216	<b>Currituck</b>	8,292
<b>Perquimans</b>	4,457	<b>Bertie</b>	5,486
<b>Camden</b>	3,361	<b>Gates</b>	3,299
<b>Chowan</b>	4,670	<b>Hertford</b>	4,764

**Total Second Doses of ARHS Vaccine Administered – 42,888**

County	Vaccine Administered	County	Vaccine Administered
<b>Pasquotank</b>	9,983	<b>Currituck</b>	7,959
<b>Perquimans</b>	3,985	<b>Bertie</b>	5,231
<b>Camden</b>	3,283	<b>Gates</b>	3,516
<b>Chowan</b>	4,273	<b>Hertford</b>	4,658

### ARHS COVID-19 Cases

County	# Lab Confirmed Cases	# Active Cases	# Recovered Cases	Total # of Deaths
Pasquotank	3,496	23	3,386	87
Perquimans	1,055	7	1,036	12
Camden	705	8	691	6
Chowan	1,542	19	1,485	38
Currituck	1,638	40	1,582	16
Bertie	1,814	8	1,760	46
Gates	763	9	741	13
Hertford	2,133	5	2,064	64
<b>Totals</b>	<b>13,146</b>	<b>119</b>	<b>12,745</b>	<b>282</b>

ARHS is continuing to monitor the facility outbreak at Elizabeth City Health and Rehabilitation. Currently there are 17 residents and 3 staff persons with lab-confirmed positive results. ARHS is reporting two COVID related deaths in Chowan County. These two deaths occurred in January and were not previously reported. Upon further investigation it was determined these deaths were related to complications from the virus and occurred from an outbreak at Chowan Rivers.

COVID-19 testing is still available by appointments at the local health departments across the region. Tests will be completed through a curbside screening clinic. To schedule an appointment call your local health department directly.

ARHS is collaborating with OptumServe to provide additional, no-cost COVID-19 testing sites in Bertie and Hertford counties. Typically testing is available Monday, Wednesday, Thursday, and Saturday from 10 a.m. to 2 p.m. and Tuesday and Friday from 1 – 5 p.m.; however, times and days may change so please call or check the website prior to going to a site. You may check availability and register to make an appointment for testing by visiting <https://lhi.care/covidtesting> or by calling (877) 562-4850.

For more information about COVID-19, visit these sites:

Albemarle Regional Health Services - <http://www.arhs-nc.org/> or call **252-338-WELL** or **1-833-640-SHOT**

North Carolina Department of Health and Human Services - <https://www.ncdhhs.gov/>

Center for Disease Control - <https://www.cdc.gov/>

*For more information, please contact Amy Underhill, ARHS Public Information Officer at 252-338-4448 or [aunderhill@arhs-nc.org](mailto:aunderhill@arhs-nc.org). Albemarle Regional Health Services is dedicated to disease prevention and the promotion of a healthy environment to reduce morbidity, mortality, and disability through quality service, education, and advocacy.*

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