

**Perquimans County
Center for Active Living**

MARCH 2026

Phone: 252-426-5404
Fax: 252-426-1296

Website: www.pcactiveliving.org

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|--|---|--|---|----------|
| 1 | 2 *Daily Activities* | 3 *Daily Activities* | 4 EMS Vital —10:15am Handbells — 10:30 am | 5 Terri’s Card Making— 9:00 am Hometown Adventure—12:30 pm | 6 *Daily Activities* | 7 |
| 8 <i>Daylight Saving</i>  | 9 Digital Skills— 10:30 am | 10 *Daily Activities* | 11 *Daily Activities* | 12 Acrylics—9:00 am Croquet—12:30 pm | 13 Trivia Social Hour— 1:00 pm | 14 |
| 15 | 16 Intro to WWE— 9:00 am Walking Challenge Begins | 17 The Rudy Theater— 8:15 am  | 18 Photography 101— 10:30 am | 19 Craft with Penny— 9:00 am Sew Much Fun— 1:00 pm | 20 Outdoor Games— 1:00 pm  | 21 |
| 22 | 23 Nutrition & Food Labels—10:30 am | 24 Shopping—9:00 am | 25 *Daily Activities* | 26 Community Gardening— 9:00 am | 27 Movie—1:00 pm | 28 |
| 29 | 30 *Daily Activities* | 31 Smith’s Red & White—9:00 am | *Be sure to check the Daily Activities section of this month’s newsletter for all regularly scheduled programs and events* | | | |