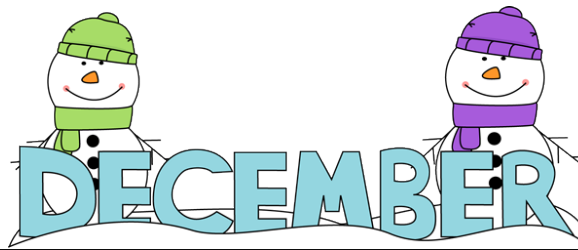


# Perquimans County Center for Active Living



Phone: 252-426-5404  
Fax: 252-426-1296  
Website: [www.pcactiveliving.org](http://www.pcactiveliving.org)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Cooking w/ the Season— 10:30 am	2 Terri's Card Making—9:00 am Yoga—9:30 am	3 EMS Vital — 10:15am Handbells — 10:30 am	4 Rock Painting — 9:00 am	5 The Onley Place— 4:30 pm	6 Hertford Christmas Parade — 2:00 pm
7	8 The Importance of Socialization— 10:30 am	9 Yoga—9:30 am	10 Powerful Tools Follow-up— 9:30 am	11 Acrylics—9:00 am	12 Movie—1:00 pm	13
			← <b>Biltmore Estate Trip</b> →			
14	15 Christmas Pizza Social—11:30 am	16 Yoga—9:30 am Shopping— 9:00 am	17 Photography— 10:30 am	18 Craft w/ Penny— 9:00 am	19 *Daily Activities*	20
21 1st Day of Winter 	22 <b>Center CLOSED For Maintenance</b> 	23 <b>Center CLOSED For Maintenance</b> 	24 <b>CLOSED</b> 	25 <b>CLOSED</b> 	26 <b>CLOSED</b> 	27
			<b>MERRY CHRISTMAS</b>			
28	29 *Daily Activities*	30 Yoga—9:30 am	31 Sparkle Into 2026— 2:00 pm 	*Check out our Daily Activities section of this month's newsletter for all our regularly scheduled programs and activities*		