

**Perquimans County
Center for Active**

October
2025

Phone: 252-426-5404
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Website: www.pactiveliving.org

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Be sure to check the Daily Activities section of this month's newsletter for all our regularly scheduled programs and events			1 Powerful Tools - 9:30 am EMS Vital — 10:15am Handbells — 10:30 am	2 Rock Painting — 9:00 am	3 Outdoor Games— 1:00 pm	4
5	6 Digital Skills— 10:30 am	7 River City RC Club—8:30 am Power Express 25— 9:00 am	8 Vaccine Clinic— 9:00 am Powerful Tools— 9:30 am	9 Acrylics—9:00 am	10 Floatin' into Christmas— 10:30 am	11
12	13 Cooking w/ the Seasons— 10:30 am	14 Power Express 25—9:00 am Wrap & Bag— 9:00 am & 1:00 pm Yoga—9:30 am	15 Outdoor Games— 10:00 am Photography— 10:30 am	16 The Rudy Theater— 8:15 am Sew Much Fun— 1:00 pm	17 Floatin' into Christmas— 1:00 pm	18
19	20 Oral Health—10:30 am	21 Power Express 25— 9:00 am Shopping—9:00 am Yoga—9:30 am	22 *Daily Activities	23 *Daily Activities	24 Craftsman's Fair— 9:30 am	25
26	27 Sweeter than Autumn—12:30 pm	28 Power Express 25— 9:00 am Yoga—9:30 am Terri's Card Making—10:00 am	29 Outdoor Games— 10:00 am	30 Pick & Paint— 9:00 am & 1:00 pm	31 Floatin' into Christmas— 1:00 pm 	