

**Perquimans County
Center for Active Living**



2025

Phone: 252-426-5404

Fax: 252-426-1296

Website: www.pactiveliving.org

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 Hearing Screening — 10:00 am	4 Shopping—9:00 am Power Hour— 10:00 am	5 EMS Vital — 10:15am Handbells — 10:30 am	6 Rock Painting— 9:00 am	7 Wear Red Day! Dance Fitness— 10:30 am	8
9	10 Staying Connected — 10:30 am	11 Terri's Card Making —10:00 am Power Hour— 10:00 am	12 * Daily Activities	13 Acrylics — 9:00 am	14 Dance Fitness— 10:30 am The Onley Place— 4:30 pm	15
16	17 WWE — 8:30 am Movie— 10:30 am	18 Power Hour— 10:00 am	19 WWE — 8:30 am Photography 101— 10:30 am History for Lunch— 10:30 am	20 Craft w/ Penny— 9:00 am Sew Much Fun— 1:00 pm	21 WWE — 8:30 am Dance Fitness— 10:30 am	22
23	24 WWE — 8:30 am Heart Health Awareness— 10:30 am	25 Power Hour— 10:00 am	26 WWE — 8:30 am	27 Watercolors— 10:00 am	28 WWE — 8:30 am Dance Fitness— 10:30 am	