

**Wednesday,
October 30, 2024**

10:00 am- 3:00 pm

*Registration begins at 9:30 am
Lunch is included*

**Mid-Atlantic
Christian University**
Conference Center
715 North Poindexter St.,
Elizabeth City, NC



Sponsored by:
Albemarle Commission
AREA AGENCY ON AGING

In Partnership With:
Eastern Virginia Medical
School, NC Project CARE,
Brain Health Registry, North
Carolina State
Demographer's Office



AGING Awareness

**An INTERACTIVE Sensitivity Workshop for
individuals working with older and
disabled adults .**

Join us for this FREE Aging Sensitivity Workshop designed to help professionals and volunteers increase their understanding of common issues that affect aging older adults. Attendees will learn about various physical and mental changes that occur as we age, aging demographic trends and the importance of creating a culture of dignity, respect and tolerance.



Featured Speaker:

Dr. Marissa Galicia-Castillo,
Director of the Glennan Center
for Geriatrics and Gerontology-
Eastern Virginia Medical School

This workshop is FREE but seats are limited! To register, scan the QR code or contact us at 252-404-7088 or kwhite@accog.org.