

February 2024



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Phone: 252 426-5404 Fax: 252-426-1296 Website: www.pcactieliving.org			1 Rock Painting—9 am Choir—1 pm	2 Wear Red Day! Heart Healthy Food Demo—10:30 am	3
4	5 ECU Healthy Heart— 10:30 am Got Tech? - 12:30 pm	6 Shopping— 9 am	7 EMS Team Basic Vitals— 10:15 am Handbells w/Ms. Peggy—10:30 am	8 Acrylics w/Sandra — 9 am Watercolor w/ Tina— 1:30 pm	9 Dance Fitness— 10:30 am The Onley Place / Valentine Show— 5:00 pm	10
11	12 WWE—8:30 am ECU Healthy Heart Education—10:30 am	13 Center Movie & Popcorn - 12:30 pm	14 WWE—8:30 am Camp Cale Luncheon— 10:45 am	15 Sew Much Fun—1 pm	16 WWE—8:30 am Card Party— 12:00 Noon	17
18	19 WWE—8:30 am Local Health Educator/Heart Health —10:30 am	20 Movie & Lunch—11:00 am	21 WWE—8:30 am Photography—10:30 am History for Lunch— 10:30 am	22 Nancy’s Creation—9-11 am Acrylics w/Tina—1:30 pm	23 WWE—8:30 am Dance Fitness— 10:30 am	24
25	26 WWE—8:30 am Heart Health - 10:30 am	27 Smith’s Red & White— 9:00 am	28 WWE—8:30 am Albemarle Hopeline— 10:30 am	29 Bunny Door Hanger 9-11 am		