

Perquimans County Center for Active Living

1072 Harvey Point Road

Hertford, NC 27944

252-426-5404



SHAG

April 3, 2023 at

10:30 am

Annette & Lenny Peaden have volunteered to provide this opportunity with your commitment for 6 weeks.

Starting April 3, 2023, and continuing on Mondays at 10:30 am for 6 sessions.

The "shag dance" comes from the "Carolina Shag," which is a partner dance that is mostly done to beach music. The basic step that is done in the shag dance can be done to a six count step, with a rhythm that is similar to a triple step, triple step, rock step.

