

Nutrition Menu

Nellie Sawyer, Manager
Office Hours: 9am-1pm 426-8309



Dec-21

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lunch is Served at 11:30am Milk is Served With Each Meal			1 Chili w/ Beef & Beans Baked Potato Orange Juice Corn Bread Muffin Jello	2 Chef Salad w/ Ham & Cheese Potato Salad Strawberries Crackers Butter Cookie	3 Baked Pork Chop Collards Potatoes Au Gratin Fruit Crisp Roll	Donations Are Need, Accepted and Appreciated!
5	6 Cheeseburger Baked Beans Baked Apples Cake	7 Ham & Cheese Sub Tossed Salad Pineapple Juice Spice Cake	8 Meatloaf Greenbeans Mac & Cheese Pineapple Chunks Roll	9 Chicken Salad Broccoli Pasta Salad Crackers Orange Juice Cake	10 Baked Turkey Carrots Cranberry Sauce Bread Stuffing Brown Rice Gravy Pudding	11
12	13 Spaghetti w/ Meat Sauce California Blend Vegetables Baked Apples Garlic Bread Pudding	14 Roast Beef Sub w/cheese Tossed Salad Fruit Cocktail Cake	15 BBQ Sandwich Buttered Potatoes Coleslaw Fresh Fruit Cookie	16 Tuna Salad w/lettuce Pears Pasta Salad Orange Juice Crackers Cake	17 Beef Tips w/Gravy Sautéed Spinach Brown Rice Peaches Roll	18
19	20 Salisbury Steak w/Gravy Peas & Carrots Mashed Potatoes w/gravy Pineapple Chunks Roll Apple Crisp	21 Chicken Salad w/Lettuce & Tomato Three Bean Salad Macaroni Salad Fresh Orange Crackers Jello	22 Baked Ham Cabbage Sweet Potato w/marshmallows Pears Roll	23 Turkey Sandwich w/cheese Tossed Salad Fruit Cocktail Cake	24 	25
26 Meals Will Not Be Served At The Center This Week	27 	28 	29 	30 	31 	
	Closed	Closed	Closed	Closed	Closed	 Merry Christmas!