

Nutrition Menu

Nellie Sawyer, Manager



NOV-21

Office Hours: 9am-1pm 426-8309

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lunch is Served at 11:30am Milk is Served With Each Meal	1 Sausage & Peppers Carrots Roasted Potatoes Roll Peach Cobbler	2 Chicken Wrap w/cheese Cucumber, Onion & Tomato Salad Pasta Salad Peaches Pudding w/ Topping	3 Chili w/Beef & Beans Baked Potato Orange Juice Corn Bread Muffin Jello	4 Chef Salad w/ Ham&Cheese Potato Salad Strawberries Crackers Butter Cookie	5 Baked Pork Chop Collards Potatoes Au Gratin Fruit Crisp Roll	Yard Sale 8-11:30am
	8 Cheeseburger Baked Beans Baked Apples Cake	9 Ham & Cheese Sub Tossed Salad Pineapple Juice Spice Cake	10 Meatloaf Greenbeans Mac & Cheese Pineapple Chunks Roll	11 Chicken Salad Broccoli Pasta Salad Crackers Orange Juice Closed	12 Baked Turkey Carrots Cranberry Sauce Bread Stuffing Brown Rice Gravy Pudding	Thank You VETERANS
14 Spaghetti w/ Meat Sauce California Blend Vegetables Baked Apples Garlic Bread Pudding	15 Roast Beef Sub w/Cheese Tossed Salad Fruit Cocktail Cake	17 BBQ Sandwich Buttered Potatoes Coleslaw Fresh Fruit Cookie	18 Tuna Salad w/lettuce Peas Pasta Salad Orange Juice Crackers Cake	19 Beef Tips w/Gravy Sauteed Spinach Brown Rice Peaches Roll	20	27
21 Salisbury Steak w/Gravy Peas & Carrots Mashed Potatoes w/gravy Pineapple Chunks Roll Apple Crisp	22 Chicken Salad w/lettuce&tomato Three Bean Salad Macaroni Salad Fresh Orange Crackers Jello	24 Baked Ham Cabbage Sweet Potato w/Marshmallows Peas Roll	25 Turkey Sandwich w/cheese Tossed Salad Fruit Cocktail Cake Closed	26 Closed	27	28
29 Sausage & Peppers Carrots Roasted Potatoes Roll Peach Cobbler	30 Chicken Wrap w/cheese Cucumber, Onion & Tomato Salad Pasta Salad Peaches Pudding w/ Topping	30	30	30	30	Donations are Needed, Accepted and Appreciated!