Nutrition Menu



Aug-21

Nellie Sawyer, Manager

Office Hours: 9am-1pm 426-8309

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 All Meals Served With Milk at 11:30am	2 Sliced Ham Cabbage Red Potatoes Cornbread Pineapple Juice Chocolate Cake	3 Chicken Wrap With Lettuce & Cheese Macaroni Salad Cucumber, Tomato & Onion Salad Peaches Pudding	4 BBQ Sandwich Coleslaw Buttered Potatoes Fresh Fruit	5 Turkey Club Sub w/ Lettuce & Cheese Broccoli Salad Pineapple Graham Crackers	6 Hamburger Steak with Gravy Lima Beans Brown Rice Orange Roll Brownie	7
8	9 Cheeseburger Green Beans Pears Apple Crisp	10 Chicken Salad with Lettuce Pickled Beets Pasta Salad Orange Juice Crackers Cake	11 Pork Chop w/gravy Succotash Potatoes Au Gratin Strawberries Corn Bread Cookie	12 Chef Salad with Ham & Cheese Potato Salad Orange Juice Jello-O	13 Baked Turkey Carrots Baked Apples Brown Rice Wheat Roll Pudding	14
15	16 Spaghetti w/Meat Sauce California Blend Vegetables Fresh Fruit Bread Stick Pudding	17 Tuna Salad w/lettuce Three Bean Salad Macaroni Salad Crackers Orange Juice Chocolate Chip Cookies	18 Meat Loaf Lima Beans Fresh Fruit Brown Rice Dinner Roll Brownie	19 Ham & Cheese Sub w/lettuce Marinated Cucumbers and Onions Pineapple Graham Crackers	20 Chicken Breast with Gravy Broccoli & Rice Casserole Fresh Fruit Wheat Bread Chocolate Cake	21
22	23 Beef Lasagna California Blend Vegetables Corn Orange Juice Garlic Bread	24 Chef Salad with Turkey & Cheese Macaroni Salad Crackers Butter Cookie Strawberries Orange Juice	25 BBQ Chicken Leg Quarter Peas Fresh Fruit Mac & Cheese Corn Muffin	26 Chicken Salad w/lettuce Pickled Beets Pasta Salad Orange Juice Crackers Cake	27 Sausage w/Bun Baked Beans Baked Apples Pudding	28
29	30 Sliced Ham Cabbage Red Potatoes Cornbread Pineapple Juice Chocolate Cake	31 Chicken Wrap with Lettuce & Cheese Macaroni Salad Cucumber, Tomato & Onion Salad Peaches Pudding				Donations Are Needed, Accepted and Appreciated!