



Nutrition Menu

Nellie Sawyer, Manager



July 2021

Office Hours: 9am-1pm 426-8309

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
All Meals Served With Milk at 11:30am				Chicken Salad w/lettuce Pickled Beets Pasta Salad Orange Juice Crackers Cake	Sausage w/bun Baked Beans Baked Apples Pudding	Donations are Needed, Accepted and Appreciated!
			Chicken Wrap with Lettuce & Cheese Macaroni Salad Cucumber, Tomato & Onion Salad Peaches Pudding	BBQ Sandwich Coleslaw Buttered Potatoes Fresh Fruit	Turkey Club Sub w/ Lettuce & Cheese Broccoli Salad Pineapple Graham Crackers	Hamburger Steak with Gravy Lima Beans Brown Rice Orange Roll Brownie
	Cheeseburger Green Beans Pears Apple Crisp	Chicken Salad with Lettuce Pickled Beets Pasta Salad Orange Juice Crackers Cake	Pork Chop w/gravy Succotash Potatoes Au Gratin Strawberries Corn Bread Cookie	Chef Salad with Ham & Cheese Potato Salad Orange Juice Jell-O	Baked Turkey Carrots Baked Apples Brown Rice Wheat Roll Pudding	
	Spaghetti w/Meat Sauce California Blend Vegetables Fresh Fruit Bread Stick Pudding	Tuna Salad w/lettuce Three Bean Salad Macaroni Salad Crackers Orange Juice Chocolate Chip Cookies	Meat Loaf Lima Beans Fresh Fruit Brown Rice Dinner Roll Brownie	Ham & Cheese Sub w/lettuce Marinated Cucumbers and Onions Pineapple Graham Crackers	Chicken Breast with Gravy Broccoli & Rice Casserole Fresh Fruit Wheat Bread Chocolate Cake	
	Beef Lasagna California Blend Vegetables Corn Orange Juice Garlic Bread	Chef Salad with Turkey & Cheese Macaroni Salad Crackers Butter Cookie Strawberries	BBQ Chicken Leg Quarter Peas Fresh Fruit Mac & Cheese Corn Muffin	Chicken Salad w/lettuce Pickled Beets Pasta Salad Orange Juice Crackers Cake	Sausage w/Bun Baked Beans Baked Apples Pudding	