

Perquimans County Senior Citizens Center
Activity Calendar Telephone: 252- 426-5404

Monday, May 3	Tuesday, May 4	Wednesday, May 5	Thursday, May 6	Friday, May 7
Center Open 8:30am to 4:00pm				
WWE 8:30am		WWE 8:30am		WWE 8:30am
Exercise Class 9:30-10:30am	Line Dance 10:00-11:00am	Exercise Class 9:30-10:30am	Rock Painting 9:00-11:00am	Exercise Class 9:00-11:00am
Fitness Room 8:30-9:30am	Fitness Room 8:30-9:30am	Fitness Room 8:30-9:30am	Fitness Room 8:30-9:30am	Fitness Room 8:30-9:30am
9:45-10:45am	9:45-10:45am	9:45-10:45am	9:45-10:45am	9:45-10:45am
1:00-1:45pm	1:00-1:45pm	1:00-1:45pm	1:00-1:45pm	1:00-1:45pm
2:00-2:45pm	2:00-2:45pm	2:00-2:45pm	2:00-2:45pm	2:00-2:45pm
3:00-3:45pm	3:00-3:45pm	3:00-3:45pm	3:00-3:45pm	3:00-3:45pm
Game Room 9:00-11:00am	Game Room 9:00-11:00am	Game Room 9:00-11:00am	Game Room 9:00-11:00am	Game Room 9:00-11:00am
1:00-4:00pm	1:00-4:00pm	1:00-4:00pm	1:00-4:00pm	1:00-4:00pm
Center Open 8:30am to 4:00pm				
Computer Lab 8:30-9:30am	Computer Lab 8:30-9:30am	Computer Lab 8:30-9:30am	Computer Lab 8:30-9:30am	Computer Lab 8:30-9:30am
9:45-10:45am	9:45-10:45am	9:45-10:45am	9:45-10:45am	9:45-10:45am
1:15-2:30pm	1:15-2:30pm	1:15-2:30pm	1:15-2:30pm	1:15-2:30pm
2:45-4:00pm	2:45-4:00pm	2:45-4:00pm	2:45-4:00pm	2:45-4:00pm
Table Games & Dominoes 1:00-4:00pm	Zumba 2:00-3:00pm	Table Games 1:00-4:00pm	TAI' CHI 2:00-3:00pm	Table Games 1:00-4:00pm
Center Closed 11:00am to 1:00pm				