


Nutrition Menu

Nellie Sawyer, Manager



May 2021

Office Hours: 9am-1pm 426-8309

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Curbside Meal Lunch Pickup at 11:30pm Milk is Served With Each Meal	We will promote World Elder Abuse Awareness Wednesday, May 26, 2021! Wear Purple!					Donations are Needed, Accepted and Appreciated!
2	3 Beef Lasagna California Blend Vegetables Corn Orange Juice Garlic Bread	4 Chef Salad with Turkey & Cheese Macaroni Salad Crackers Butter Cookie Strawberries	5 BBQ Chicken Leg Quarter Peas Fresh Fruit Mac & Cheese Corn Muffin	6 Chicken Salad w/lettuce Pickled Beets Pasta Salad Orange Juice Crackers Cake	7 Sausage w/Bun Baked Beans Baked Apples Pudding	8
9 	10 Ham & Cabbage Red Potatoes Cornbread Pineapple Juice Chocolate Cake	11 Chicken Wrap with lettuce and Cheese Cucumber & Tomato Salad with Onion Macaroni Salad Peaches Pudding	12 BBQ Sandwich Coleslaw Buttered Potatoes Fresh Fruit	13 Turkey Club Sub with Lettuce & Cheese Broccoli Salad Pineapple Graham Crackers	14 Hamburger Steak with Gravy Lima Beans Brown Rice Orange Roll Brownie	15
16	17 Cheeseburger Green Beans Pears Apple Crisp	18 Chicken Salad with Lettuce Pickled Beets Pasta Salad Orange Juice Crackers Cake	19 Pork Chop w/gravy Succotash Potatoes Au Gratin Strawberries Corn Bread Cookie	20 Chef Salad with Ham & Cheese Potato Salad Orange Juice Jell-O	21 Baked Turkey Carrots Baked Apples Brown Rice Wheat Roll Pudding	22
23	24 Spaghetti with Meat Sauce California Blend Vegetables Fresh Fruit Pasta Bread Stick Pudding	25 Tuna Salad w/lettuce Three Bean Salad Macaroni Salad Crackers Orange Juice Chocolate Chip Cookies	26 Meat Loaf Lima Beans Fresh Fruit Brown Rice Dinner Roll Brownie	27 Ham & Cheese Sub w/lettuce Marinated Cucumbers and Onions Pineapple Graham Crackers	28 Chicken Breast with Gravy Broccoli & Rice Casserole Fresh Fruit Wheat Bread Chocolate Cake	29
30	31 